

First Aid for the Child with Hemophilia:

General Guidelines for Treating Specific Bleeding Episodes that may Occur in School

If a Child: has external bleeding from a cut, scrape or laceration
You Should: Give first aid as you would with any other child:

1. put on gloves
2. clean cut with antiseptic
3. apply firm pressure until bleeding stops
4. apply a band-aid or dressing
5. clean up all blood spills with a 10% solution of bleach and water



If a Child: Has a laceration which requires stitches
You Should:

1. give first aid as you would any other child
2. call the parents to take child to the emergency room

If a Child: Has a typical nose bleed
You Should:

1. put on gloves
2. position child sitting straight ahead with head upright
3. if bleeding has not stopped after 20 minutes call the parents for instructions

If a Child: Suffers a blow to the head, neck or abdomen
You Should:

1. contact the parents immediately for instructions
2. if parents cannot be reached, contact the hemophilia treatment center or the child's doctor
3. if neither the doctor, the nurse or the parents can be reached, call an ambulance and contact the hospital emergency room

If a Child:

1. says he's having a bleeding episode
2. complains of tingling, bubbling pain, stiffness or decreased motion in any limb or
3. appears to have a part of the body (usually a joint) swollen or hot to the touch or
4. appears to be favoring an arm or leg more than usual or
5. limps, or refuses to use limb

You Should:

1. contact the parents for instructions
2. while waiting for parents, keep the child still to avoid further injury
3. you may apply an ice pack and elevate the body part

If a Child: has any other complaints or injury
You Should:

1. contact the parents for instructions

If a Child: Has oozing from a cut in the mouth or around the tooth
You Should:

1. put on gloves
2. apply ice compresses with firm, continuous pressure for 20 minutes
3. a wet tea bag can be applied around a tooth
4. if no response, call parents for instructions
5. clean up all blood spills with a 10% solution of bleach and water

Important Phone Numbers

Child's Name: _____ Grade: _____ Diagnosis: _____

Home Phone: _____ Mother's work: _____ cell: _____

Father's Work: _____ cell: _____ other: _____

Name of Nurse/Doctor at Hemophilia Center: _____ phone # _____

Family Doctor: _____ phone # _____

Nearest ER: _____ phone # _____

Ambulance: _____ Drug allergies: _____

Choice of treatment product : _____

Notes: _____
